

## David Edwards: Publications on the use of imagery in psychotherapy

The integration of guided imagery into cognitive therapy has been a longstanding interest of mine and gave rise to two early publications:

Edwards, D. J. A. (1989). Cognitive restructuring through guided imagery: Lessons from Gestalt therapy. In, A. Freeman, K. S. Simon, H. Arkowitz, & L. Beutler (Eds.). *Comprehensive Handbook of Cognitive Therapy* (pp.283-297). New York: Plenum.

Edwards, D. J. A. (1990). Cognitive therapy and the restructuring of early memories through guided imagery. *Journal of Cognitive Psychotherapy*, 4, 33-50.

Imagery work features in several published case studies:

Edwards, D. J. A. (1995). Past life scenes in spiritual emergence. *Journal of Regression Therapy*, 9, 47-59.

Edwards, D. J. A. (1996). The old gods are awakening: A hermeneutic case study of spiritual emergence. In, C. R. Stones (Ed.), *Qualitative research approaches to psychotherapy process* (pp 101-122). Pretoria: Human Sciences Research Council.

Edwards, D. J. A. (2002). Conoscenza implicata e rappresentazioni interne nell'infanzia. L'uso della immaginazione guidata nell'infanzia in psicoterapia cognitiva: Il caso di Peter (Implicational knowing and the inner child — The use of regressive guided imagery in cognitive therapy). *Complessità & Cambiamento (Complexity and Change)*, 9, 39-51.

Karpelowsky, B. J. & Edwards, D. J. A. (2005). Trauma, imagery and the therapeutic relationship: Langu's story. *Journal of Psychology in Africa*, 15 (2), 185-195.

Payne, C. & Edwards, D. J. A. (2009). What services and supports are needed to enable trauma survivors to rebuild their lives? Implications of a systematic case study of cognitive therapy with a township adolescent girl with PTSD following rape. *Child Abuse Research in South Africa*, 10, 27-40.

Finally I published a historical overview of imagery rescripting in psychotherapy:

Edwards, D. J. A. (2007). Restructuring implicational meaning through memory-based imagery: Some historical notes. *Journal of Behavior Therapy and Experimental Psychiatry*, 38, 306-316.